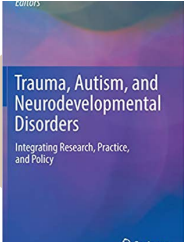


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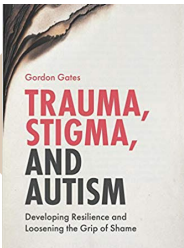
Recommended Reading

## TRAUMA



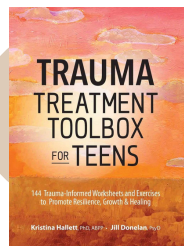
### **TRAUMA, AUTISM, AND NEURODEVELOPMENTAL DISORDERS BY JASON M. FOGLER**

Chapters provide a wealth of effective clinical, family, and school-based interventions, developed from established studies and important new findings. Includes illustrative case studies to survey assessment challenges in today's healthcare climate and consider alternative routes for improving correct diagnoses.



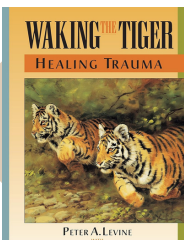
### **TRAUMA, STIGMA, AND AUTISM BY GORDON S. GATES**

This book presents ground-breaking ideas based on current research on how stigma can cause bodily felt trauma in stigmatised or marginalised people, particularly those on the autism spectrum.



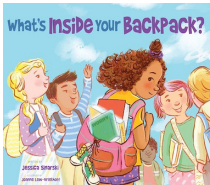
### **TRAUMA TREATMENT TOOLBOX FOR TEENS BY KRISTINA HALLETT**

A practical workbook for clinicians working with teenagers who have experienced trauma, PTSD, and stress. Inside you'll find 144 unique trauma-informed worksheets and exercises to connect, relate and engage with teens -- and help them understand how trauma impacts the mind and body, to promote growth and healing.



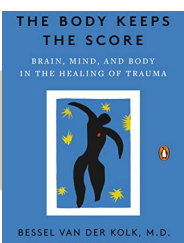
### **WAKING THE TIGER: HEALING TRAUMA BY PETER A. LEVINE**

By understanding the dynamics that make wild animals virtually immune to traumatic symptoms, the mystery of human trauma is revealed. Waking the Tiger normalizes the symptoms of trauma and the steps needed to heal them.



### **WHAT'S INSIDE YOUR BACKPACK? BY JESSICA SINARSKI**

Impacted by family trauma, young Zoey is weighed down by feelings of sadness, worry, and shame, until her mother and her school guidance counselor help Zoey find courage, hope, and strength.



### **THE BODY KEEPS THE SCORE BY BESSEL A. VAN DER KOLK**

An expert on traumatic stress outlines an approach to healing, explaining how traumatic stress affects brain processes and how to use innovative treatments to reactivate the mind's abilities to trust, engage others, and experience pleasure.

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