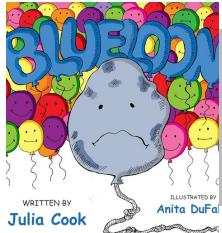


THE ANNE FREITAG LIBRARY

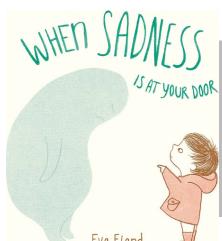
Recommended Reading

CHILDREN EXPERIENCING DEPRESSION



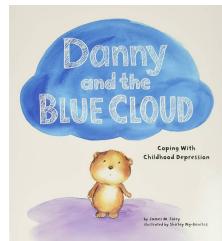
BLUELOON BY JULIA COOK

Meet Blueloon, a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to bounce back to being the way he used to be: bright, round, and full with a very straight string!



WHEN SADNESS IS AT YOUR DOOR BY EVA ELAND

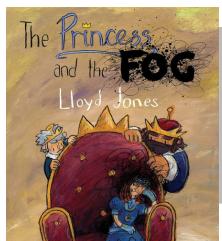
A young child experiences sadness as if it were a visitor, acknowledging the emotion and suggesting activities to do with it.



DANNY AND THE BLUE CLOUD: COPING WITH CHILDHOOD DEPRESSION

BY JAMES M. FOLEY

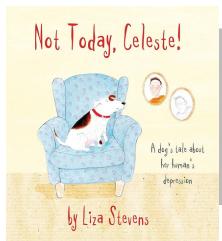
Danny the bear has a blue cloud of depression hanging over his head; he gets help with his blue cloud from Barnaby the rabbit.



THE PRINCESS AND THE FOG: A STORY FOR CHILDREN WITH DEPRESSION

BY LLOYD JONES

Once upon a time there was a Princess. She had everything a little girl could ever want, and she was happy. That is, until the fog came...



NOT TODAY, CELESTE!: A DOG'S TALE ABOUT HER HUMAN'S DEPRESSION

BY LIZA STEVENS

Celeste thinks she is the happiest dog in the world. But when she notices something different about her human, Rupert, she wonders if things will ever be the same again.



THE RED TREE BY SHAWN TAN

A young girl describes her feelings of depression when everything in her day seems to go wrong and no one understands her. Through her own thought processes and feelings ranging from depression to a gradual enlightenment, she discovers that in spite of the overwhelming nature of events, dreams imagined can come true.